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# Funding Young People to Make Change

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National Program Coordinator for Unite for Body Rights & Women Deliver Young Leader





### About Talimba

Talimba is a sexual rights advocate with six years of experience working on programs. Until recently, she was working as a National Program Coordinator for a SRHR initiative called Unite for Body Rights Program. The program targets young people between the ages of 10 and 24, linking the provision of comprehensive sexuality education with improved SRHR services and cultivating an enabling environment for young people to realize their sexual rights. She is now working as a Gender Specialist with Girl Effect Malawi where she focuses on girl empowerment initiatives in the areas of health, education and reduction of gender-based violence. Talimba is pursuing a Master's degree in Gender and Development.

### Women Deliver Young Leaders Program

- Trains, elevates, and empowers youth advocates to catalyze action for gender equality and the health, rights, and wellbeing of girls and women — with particular emphasis on sexual and reproductive health and rights and meaningful youth engagement
- Provides youth advocates with the training and resources necessary to extend their influence and actively shape the programs and policies that affect their lives

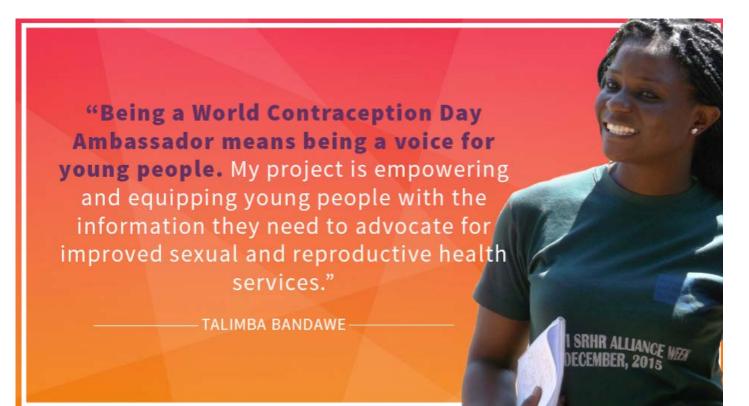
### Background

- Young people's expertise and insights give them a unique ability to lead change and transform their communities and countries for the better.
- Through an innovative combination of small grants and responsive technical support, Women Deliver's funding model provides young people the resources and opportunities they need to advance the health and rights of girls, women, and young people in their communities, countries, and across the globe.

### Talimba's Project

#### Location: Dedza, Malawi

#### Say It, Get It: Promoting Increased Provision of Female Condoms



### Talimba's Project: Goals

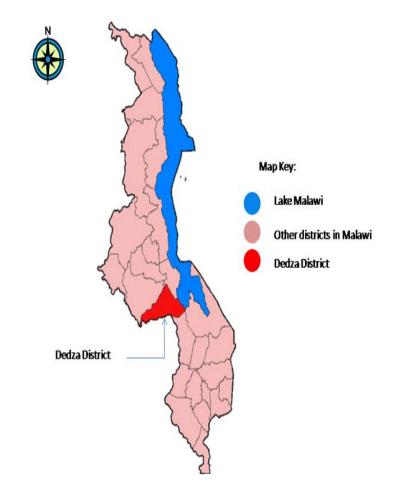
- Build the skills of young people to advocate for access to female condoms in Malawi's Dedza district
  - Raise young people's awareness of the importance of female condoms, reduced cultural barriers surrounding young people's access to contraception, and advocated for an increased supply of female condoms at 4 local health facilities



## **Dedza District Profile**

- Percentage of women aged 15-19 who have begun childbearing in the district is 24.9
- Percent distribution of currently married women age 15-49 who have use any modern contraception method in Dedza 62.1
- Percentage of currently married women age 15-49 with unmet need for family planning 16.7

\*Source:Malawi Demographic and Health Survey 2015-2016



### Talimba's Project: Successes

- Trained 15 youth advocates
- Held 12 meetings with service providers from 4 health facilities to develop a plan to distribute 3,200 female condoms
- Reached over 7,600 community members and 1,200 young people through meetings and community events



### Results

- Small grant projects demonstrate that young people themselves are effective experts in and advocates for their own SRHR
- Model of providing a combination of technical and financial support enables young people to engage and influence the programs and policies so they are effective and responsive to young people



I felt it was high time young people in my community embraced the female condom. The power of the female condom lies in the fact that it is a woman initiated method of contraception and therefore it empowers girls and women with the ability to make decisions to protect themselves from unplanned pregnancies and sexually transmitted infections.

#### Women Deliver Young Leaders Program Results

