Current Research in PPH and Uterotonics
Current Research in PPH Prevention and Uterotonics Quality

• PPH Prevention Studies:
  • Champion Trial – Heat Stable Carbetocin
  • IMOX Trial – Intramuscular oxytocics
  • Uterotonics Network Meta-analysis

• Uterotonics Quality:
  • Maternal health products quality audits – Nigeria
  • Clinical experience with the quality of oxytocin
Heat-Stable Carbetocin°

- Heat stable carbetocin (HSC) is a uterotonic medicine used to prevent PPH
- Carbetocin is registered and used in more than 80 countries. Since 1997
- HSC has proven efficacy and safety evidence, primarily in C-section
- Ferring’s proprietary formula for HSC does not require cold-chain transportation or refrigerated storage (Data submitted for publication)
- The heat stable version has been introduced into 27+ countries to date including Australia, Europe and Mexico since 2015
- Carbetocin (manufactured by Ferring Pharmaceuticals) has been used in prevention of PPH for 20 years (since 1997) in over 10 million women, primarily following caesarean section
- Currently 11 national guidelines are recommending Carbetocin for active management of third stage of labour (AMSTL) (data on file)

* Brand names: PABAL, Duratocin, Lonactene
Heat stable carbetocin for preventing PPH

• Also known as the Champion Trial
• WHO-led, multi-centre randomised controlled trial
• To evaluate non-inferiority of Carbetocin RTS 100 µg IM versus oxytocin 10 IU IM for prevention of PPH and severe PPH after vaginal delivery
• 29,658 women recruited across 23 sites in 10 countries
• Data collection completed end January 2018
• Results will be announced in October 2018
• Objectives – regulatory and PPH guidelines
Intramuscular Oxytocics (IMOX)

- A Comparison Study of Intramuscular Carbetocin, Syntocinon and Syntometrine for the Third Stage of Labour Following Vaginal Birth
- North Bristol NHS Trust
- According to a survey, 71.4% of maternity units in the UK routinely administer Syntometrine (oxytocin/ergometrine) for preventing PPH while guidelines recommend Syntocinon (oxytocin)
- According to other studies:
  - Carbetocin slightly better at preventing PPH than Syntometrine and with less side-effects
  - Carbetocin may be as good as Syntocinon at preventing PPH
- No existing studies directly comparing effectiveness, side-effects and cost-effectiveness of the 3 drugs
- Over 6,000 patients
- Results to be published in 2018
Uterotonics Network Meta-Analysis

- Uterotonic Agents for Preventing PPH – Cochrane Review
- Assess clinical effectiveness and side-effect profile of uterotonic drugs to prevent PPH
- Generate clinically useful ranking of available uterotonics according to their effectiveness and side-effects.
- Purpose: reducing uncertainty about which is the most effective drug for preventing PPH
Uterotonics Network Meta-Analysis
Uterotonic Network Meta-Analysis

Primary Outcomes
- 500 mL
- 1000 mL

Secondary Outcomes
- Death
- Death or severe morbidity composite outcome
- Additional use of uterotonic
- Transfusion
- Blood loss
- Change in Hb

Side-effects
- Nausea
- Vomiting
- Hypertension
- Headache
- Tachycardia
- Hypotension
- Abdominal pain
- Fever
- Shivering

Primary Outcomes (restricted to high quality studies only)
- 500 mL
Uterotonics Network Meta-Analysis

Network Diagram for PPH ≥ 500 mL

* Multiarm studies contribute to more than one comparison
Uterotonics Network Meta-Analysis

Cumulative Rank Plot PPH ≥ 500 mL

Ergometrine plus oxytocin: cumulative probability of ranking 1st, 2nd or 3rd almost 100%

Current Studies in PPH and Uterotonics - SOGON Annual Meeting, Sokoto - November 2017
Cumulative Rank Plot PPH $\geq 1000$ mL

Uterotonics Network Meta-Analysis
Uterotonics Network Meta-Analysis

• In 137 trials (>86,000 women)
• Most effective drugs for all blood loss outcomes
  • Syntometrine
  • Carbetocin
  • Oxytocin + Misoprostol combination (OxyMiso)
• **Oxytocin is not in the top 3**
• Worst drugs for side effects
  • Syntometrine
  • OxyMiso
• Most cost-effective drug is carbetocin (despite the unit cost for carbetocin being relatively more expensive)
• However, carbetocin loses its ranking in high quality studies
• WHO Champion trial will fulfil the gap
Safe Childbirth and Quality Medicines

• Results of Oxytocin, Misoprostol, Magnesium Sulfate and Calcium Gluconate Quality Audits, Nigeria
• Promoting the Quality of Medicines Program, USP
• The quality of oxytocin injection, misoprostol tablets, magnesium sulfate, and calcium gluconate injections was assessed across the six geopolitical zones of Nigeria.
• 159 samples of oxytocin
• HPLC Assay test for composition of active ingredient, and confirmation of registration with regulatory authority (NAFDAC)
• **74.2% of oxytocin injection samples failed the assay test**, with the northeast and southeast zones registering the highest failure rates. The percentage composition of the active ingredient varied between 0.0% and 163.7%
Clinical experience with the quality of oxytocin

• Cross-sectional study to assess HCP clinical experience with the quality of oxytocin (Lagos State, Nigeria)
• Lagos University Teaching Hospital
• RHSC Webinar available at rhsupplies.org for results